

Are you worried about domestic abuse or sexual violence?

Contact our helpline

for free confidential advice and support for males and females aged 13 and over in Leicester, Leicestershire and Rutland.



0808 80 200 28

(Open 8am - 8pm, Monday - Saturday. This is a special freephone tariff, free from all mobiles, payphones and landlines and hidden on the bill. Calls are recorded for training and improvement purposes).



Helpline

The helpline is a confidential freephone number that allows callers to access information and the support services of UAVA.



Group Work Programmes

We provide group support to help you with understanding the impact of your experiences and to build confidence.



Face to Face Support

We provide short or long term support, including advocacy support. We focus on reducing the risk of further violence and/or abuse and keeping you safe.



Counselling

We work with a range of specialist counselling services to provide therapeutic support. We can offer short, medium or long term support.

www.uava.org.uk